

# YOUTH SPORTS

## Sizing Chart

### Jersey / Shirt Sizes

**Cheerleading, Basketball,  
Baseball, TBall, Softball**

<b>Youth Small</b>	<b>5/6</b>
<b>Youth Medium</b>	<b>7/8</b>
<b>Youth Large</b>	<b>10/12</b>
<b>Adult Small, Medium, Large, X-Large, 2X-Large</b>	

### Baseball Pants & Waist Sizes

#### **Baseball & Softball**

<b>Youth Small: 6 - 8</b>	<b>20-22"</b>
<b>Youth Medium: 10 - 12</b>	<b>24-26"</b>
<b>Youth Large: 14-16</b>	<b>26-28"</b>
<b>Adult Small:</b>	<b>28-30"</b>
<b>Adult Medium:</b>	<b>30-32"</b>
<b>Adult Large:</b>	<b>34-36"</b>
<b>Adult X-Large:</b>	<b>38-40"</b>
<b>Adult 2X-Large:</b>	<b>42-44"</b>