



SEPTEMBER 2018 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
	FITNESS ROOM HOURS Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm	REC AUTHORITY BUILDING SHUTDOWN					1
2	3 HAPPY LABOR DAY  SENIOR CENTER CLOSED	4 NO Line Dance Crochet 11am Rummy 12:30pm Pickleball 1-3pm	5 NO Shape-Up Euchre 12:30pm	6 Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	7 Drop In Activities	8	
9	10 Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	11 Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	12 Package Testing 10am-Noon Shape-Up 10:30am Pinochle 12:30pm	13 Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	14 Drop In Activities Dr. Farrar 9:30am Wii Meeting 10am	15	
16 Wii Bowling Week 1	17 Fall Plant & Produce Exchange/Sale 9:00am-1:00pm Shape-Up 10:30am Sit 'n Knit 11am	18 Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	19 Shape-Up 10:30am Euchre 12:30pm	20 Zumba Gold 10am Red Hat Luncheon & White Elephant Swap 11:30am Stroke Club 12:30pm Ask-a-Lawyer 1-3pm Pickleball 1-3pm	21 Drop In Activities	22	
23 Wii Bowling Week 2	24 Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm Coloring 1pm	25 Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	26 MCHD Outreach 9am - Noon Shape-Up 10:30am Pinochle 12:30pm	27 Veteran Services 9am-3pm Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	28 Drop In Activities Gourmet Guild 11:30am	29	
30 Wii Bowling Week 3							

OCTOBER 2018 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 Shape-Up 10:30am Sit 'n Knit 11am Dollar Donut Day 9-11am	2 Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	3 Shape-Up 10:30am Euchre 12:30pm	4 Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	5 Drop In Activities Crafting with Jamie 10:30am	6
Wii Bowling Week 3						
7	8 Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm NO LUNCH	9 Jackson Trip Departs 8:30am Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	10 Shape-Up 10:30am Pinochle 12:30pm	11 Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	12 Drop In Activities	13
Wii Bowling Week 4						
14	15 Shape-Up 10:30am Sit 'n Knit 11am	16 NO Line Dance Crochet 11am Bingo Bonanza Party 11:30am-2:30pm Rummy 12:30pm NO Pickleball	17 Shape-Up 10:30am Euchre 12:30pm	18 Zumba Gold 10am Red Hat Outing 11:00am Ask-a-Lawyer 1-3pm Stroke Club 12:30pm Pickleball 1-3pm	19 Open Enrollment Assistance (By Appt.) Drop In Activities	20
Wii Bowling Week 5						
21	22 Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm Coloring 1pm	23 Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	24 MCHD Outreach 9am - Noon Shape-Up 10:30am Pinochle 12:30pm Dr. Jacob 1-2pm	25 Veteran Services 9am-3pm Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	26 Open Enrollment Assistance (By Appt.) Drop In Activities Gourmet Guild 11:30am	27
Wii Bowling Week 6						
8	29 Shape-Up 10:30am Beltone Hearing Screening 11am-1pm Sit 'n Knit 11am	30 Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	31 Shape-Up 10:30am Euchre 12:30pm HAPPY HALLOWEEN 		FITNESS ROOM HOURS Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm	
Wii Bowling Week 7						