


MARCH 2018 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Wii Bowling Week 4	FITNESS ROOM HOURS Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm			1 Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	2 Drop In Activities RESCHEDULED Gourmet Guild 11:30am Chair Yoga 12:30pm	3
4 Wii Bowling Week 5	5 Shape-Up 10:30am Sit 'n Knit 11am	6 Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	7 Shape-Up 10:30am Euchre 12:30pm	8 Zumba Gold 10am Stroke Club 12:30pm "How to Use Copy & Paste" Computer Class 1-3pm Pickleball 1-3pm	9 Drop In Activities Dr. Farrar 9:30am NO Chair Yoga	10
11 Wii Bowling Week 6	12 Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	13 Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	14 Package Testing 10am-Noon Shape-Up 10:30am National Potato Chip Day 12-1pm Pinochle 12:30pm Dr. Murphy 1-2pm	15 Zumba Gold 10am Senior Day at the DIA Noon-3:30pm Stroke Club 12:30pm Ask-a-Lawyer 1-3pm Pickleball 1-3pm	16 Drop In Activities Stamp Out Hunger Bag Folding 9-11am Chair Yoga 12:30pm	17
18 Wii Bowling Week 7	19 Shape-Up 10:30am Sit 'n Knit 11am	20 Four Winds Casino Trip Departs Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	21 Four Winds Casino Trip Returns Shape-Up 10:30am Euchre 12:30pm	22 Veteran Services 9am-1pm Zumba Gold 10am Red Hats 1pm Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	23 Drop In Activities Gourmet Guild 11:30am Chair Yoga 12:30pm	24
25 Wii Bowling Week 8	26 Authority Board Member/Councilman Charles Frontera 9:30am Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm Coloring 1pm	27 Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	28 MCHD Outreach 9am - Noon Shape-Up 10:30am Pinochle 12:30pm	29 Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	30 GOOD FRIDAY  SENIOR CENTER CLOSED	31

APRIL 2018 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1 Wii Bowling Week 9	2 NO Shape-Up Sit 'n Knit 11am NO LUNCH	3 Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	4 Shape-Up 10:30am Euchre 12:30pm	5 Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	6 Drop In Activities Chair Yoga 12:30pm	7
8 Wii Bowling Week 10	9 Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	10 Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	11 Shape-Up 10:30am Pinochle 12:30pm	12 Zumba Gold 10am Stroke Club 12:30pm "How to Search the Internet" Computer Class 1-3pm Pickleball 1-3pm	13 Drop In Activities Chair Yoga 12:30pm	14
15 Wii Bowling Week 11	16 Shape-Up 10:30am Sit 'n Knit 11am Coffee with Senator Steve Bieda 1pm	17 NO Line Dance Crochet 11am SPRING IS IN THE AIR PARTY 11:30am-2:30pm Rummy 12:30pm NO Pickleball	18 Shape-Up 10:30am Euchre 12:30pm	19 Zumba Gold 10am Stroke Club 12:30pm Ask-a-Lawyer 1-3pm Pickleball 1-3pm	20 Drop In Activities Gourmet Guild 11:30am Chair Yoga 12:30pm	21
22 Wii Bowling Week 12	23 Dollar Donut Day 9:30-11am Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm Coloring 1pm	24 Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	25 MCHD Outreach 9am - Noon Shape-Up 10:30am Pinochle 12:30pm	26 NO WALKING IN BIG GYM Veteran Services 9am-1pm NO Zumba Gold Stroke Club 12:30pm Computer Tutor 1-3pm NO Pickleball NO LUNCH	27 NO WALKING IN BIG GYM Drop In Activities NO LUNCH	28
29 Wii Bowling Week 13	30 County Commissioner Kathy Tocco 9:30am Shape-Up 10:30am Sit 'n Knit 11am				FITNESS ROOM HOURS Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm	