



# MARCH 2019 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<b>FITNESS ROOM HOURS</b> Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm				1 Drop In Activities	2
3 Wii Bowling Week 5	4 Shape-Up 10:30am Sit 'n Knit 11am	5 Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	6 Shape-Up 10:30am Euchre 12:30pm	7 Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	8 Drop In Activities Dr. Farrar 9:30am	9
10 Wii Bowling Week 6	11 Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	12 Historic Whitney Trip Departs 10:30am Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	13 Shape-Up 10:30am Pinochle 12:30pm	14 Zumba Gold 10am Stroke Club 12:30pm Dr. Murphy 1-2pm Pickleball 1-3pm	15 Drop In Activities	16
17 Wii Bowling Week 7	18 Portable Dental Services 9:30-11am Shape-Up 10:30am Sit 'n Knit 11am	19 Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	20 Great Lakes Mktg. Package Testing 10am-Noon Shape-Up 10:30am Euchre 12:30pm	21 Zumba Gold 10am Stroke Club 12:30pm Ask-a-Lawyer 1-3pm Pickleball 1-3pm	22 Drop In Activities Gourmet Guild 12pm	23
24/ 31 Wii Bowling Week 8	25 Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm Coloring 1pm	26 Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	27 MCHD Outreach 9am - Noon Beltone Hearing Screening 11am-1pm Shape-Up 10:30am Pinochle 12:30pm	28 Veteran Services 9am-3pm Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	29 Drop In Activities <b>HAPPY BIRTHDAY                      BASH PARTY                      11:30am-2:30pm</b> 	30

# APRIL 2019 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 Girl Scout Cookie Sale 9-11am Shape-Up 10:30am Sit 'n Knit 11am	2 Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	3 Shape-Up 10:30am Euchre 12:30pm	4 <b>NO WALKING IN BIG GYM</b> NO Zumba Gold Stroke Club 12:30pm NO Pickleball Go Get 'Em Tigers 1:10pm <b>NO LUNCH</b>	5 <b>NO WALKING IN BIG GYM</b> Drop In Activities  <b>NO LUNCH</b>	6
Wii Bowling Week 9						
7	8 Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	9 Tax Help (By Appt.) Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	10 Shape-Up 10:30am Pinochle 12:30pm	11 Sealed for Freshness Trip Departs 10am Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	12 Drop In Activities	13
Wii Bowling Week 10						
14	15 Shape-Up 10:30am Sit 'n Knit 11am Blast from the Past Pop-Up Party 1pm	16 Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	17 Shape-Up 10:30am Euchre 12:30pm	18 Zumba Gold 10am Stroke Club 12:30pm Ask-a-Lawyer 1-3pm Pickleball 1-3pm	19 <b>GOOD FRIDAY</b>  <b>SENIOR CENTER CLOSED</b>	20
Wii Bowling Week 11						
21	22 Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm Coloring 1pm	23 Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm	24 MCHD Outreach 9am - Noon Shape-Up 10:30am Pinochle 12:30pm	25 Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	26 Drop In Activities Gourmet Guild 12pm	27
Wii Bowling Week 12						
28	29 Shape-Up 10:30am Sit 'n Knit 11am	30 Line Dance 10am Crochet 11am Rummy 12:30pm Pickleball 1-3pm			<b>FITNESS ROOM HOURS</b> Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm	