

11:30 am at the Rec Authority  
\$3.00 Cost Share Donation

# June Lunch Menu

Macomb County  
Residents 60 and older

Monday	Tuesday	Wednesday	Thursday	Friday
				
<b>3</b> Balsamic Chicken Breast Sandwich, Steamed Mixed Greens, Chickpea & Tomato Salad & Diced Peaches	<b>4</b> Beef Sauce over Rotini, Greens Beans, Italian Garden Salad & Fruited Gelatin	<b>5</b> Ham, Turkey & Cheese over salad (Maurice Salad), Garden Salad, Minestrone Soup & an Apple	<b>6</b> Chicken Cacciatore w/ Vegetables, Diced Carrots, Broccoli Salad & Mixed Berries w/ whipped topping	<b>7</b> Meatloaf, Zucchini & Tomatoes, Chilled Corn Relish & a Banana
<b>10</b> Turkey Burger, Malibu Veggie Blend, Brown Bean Salad, & Tropical Fruit Salad	<b>11</b> Hawaiian Meatballs over brown rice, Cauliflower Au Gratin, Carrot Coins & Strawberries w/ Whipped Topping	<b>12</b> Tuna Salad Sandwich, Marinated Cucumbers, Tomatoes & Onions, Broccoli & Cheese Soup & an Orange	<b>13</b> Vegetable Lasagna, Green Beans, Italian Garden Salad, & a Pear	<b>14</b> BBQ Chicken Breast, Baked Beans, Coleslaw & Warm Apple Crisp
<b>17</b> Beef Stir-Fry over Brown Rice, Vegetable Egg Roll, Oriental Veggie Blend & Mandarin Oranges & Pineapple Tidbits	<b>18</b> Greek Chicken Salad, Garden Salad, Twice Baked Potato Chowder & an Apple	<b>19</b> BBQ Pork Ribbette Sandwich, Carrots, Garden Salad, Diced Peaches & Pears	<b>20</b> Open Face Roast Beef Sandwich, Garlic Mashed Redskin Potatoes, Broccoli Salad & a Banana	<b>21</b> Chicken Pasta Primavera w/ Vegetables, Green Beans & Mixed Berries w/ Whipped Topping
<b>24</b> Honey Mustard Chicken Breast Sandwich, Steamed Mixed Greens, Coleslaw & Apricots	<b>25</b> Cheese Ravioli w/ Marinara, Sicilian Veggie Blend, Italian Garden Salad & an Orange	<b>26</b> <b>PROGRAM CLOSED</b>	<b>27</b> Chef Salad, Garden Salad, Chicken Noodle Soup & a Banana 	<b>28</b> Potato Crunch Pollock over rice Pilaf, Green Beans, Marinated Cucumbers, Tomatoes & Onions & Fruited Gelatin